

EMERGENCY ACTION PLAN

NAME

STUDENT #

DOB

ALLERGIES

In Emergency:

BUS #

SEIZURES

1. Stay with child.
2. Call/ask someone to call nurse who will assess child and summon EMS for this child.

IF YOU SEE THIS

DO THIS

Seizure activity may include one, some or all of the following behaviors:
Sudden cry, fall, rigidity and/or jerking of extremities, drooling, shallow breathing, bluish skin, possible loss of bowel/bladder control.

Seizures usually last less than five minutes.
Normal breathing will resume.

Seizure may be followed by confusion and/or fatigue.

Assist to floor and protect from injury. Turn on side.
Loosen any restrictive clothing around neck.
Time seizure and note area(s) of body involved.

IF CHILD SEEMS TO PASS FROM ONE SEIZURE TO ANOTHER WITHOUT REGAINING CONSCIOUSNESS OR IF SEIZURE LASTS LONGER THAN FIVE MINUTES, CALL 911.

Check for breathing and pulse, if absent, begin CPR and call 911.
Call parent and notify of seizure and monitor until able to return to normal activity.

Important emergency numbers:

MOTHER (work)

(home)

FATHER (work)

(home)

OTHER

PREFERRED HOSPITAL

PHYSICIAN

PHONE

FOR EMERGENCY SERVICES/FIRE/POLICE: CALL 911